

What Research Supports Treatment of Tethered Oral Tissues?

Current studies that are done using large sample size, comparing similar techniques, and are peer-reviewed are your best sources of information. For a look at current studies and a great explanation of the good and bad in them, this website is a great resource:

<https://tonguetieal.com/are-too-many-babies-getting-their-tongues-clipped>

<https://www.kiddsteeth.com/assets/uploads/pdfs/outside-the-box.pdf>

This article is a great overall source for the importance of catching oral tethers early. It also has a comprehensive list of referenced studies and research. It was also written by one of the most experienced, some consider pioneers, in the field of oral tether releases in a dental setting.

<https://www.oralhealthgroup.com/features/tots-tethered-oral-tissues-the-assessment-and-diagnosis-of-the-tongue-and-upper-lip-ties-in/>

This website is great at giving a comprehensive overview of oral tethers and contains many links to research, data, and websites from a wide range of practitioners involved in the team that addresses and treats oral tethers.

<https://tonguetie.net/links/>

Here are several great links that outline how oral tethers affect growth and development linking them to sleep apnea, jaw growth impairment, ADHD, and other types of dysfunction:

<https://kidstowndent.wpengine.com/wp-content/uploads/2015/11/ARTICLES-GUILLEMINAULT-RESEARCH-fneur-03-00184-2.pdf>

<https://kidstowndent.wpengine.com/wp-content/uploads/2015/11/Boyd-Sheldon-Sleep-2014.pdf>

https://kidstowndent.wpengine.com/wp-content/uploads/2015/11/TREATMENT-INFORMATION-Tongue_position_and_muscle_activity.pdf

[https://www.kiddsteeth.com/hub_sites/kotlow-lawrence/www/assets/uploads/files/Dr%20kotlow%20laser%20ankyloglossia%20release\(1\).pdf](https://www.kiddsteeth.com/hub_sites/kotlow-lawrence/www/assets/uploads/files/Dr%20kotlow%20laser%20ankyloglossia%20release(1).pdf)

Please don't hesitate to call our office to inquire more about how laser technology can aid your child's dental health!

